



**Paddle Sports 2013**

[activateteam.org.uk](http://activateteam.org.uk)



## **TOP BARN LAKE SESSIONS**

**Top Barn Activity Centre, Holt Heath, WR6 6NH**

[www.topbarnactivity.com](http://www.topbarnactivity.com)



**Inflatable Rafts**

**Paddlepower Coaching**

**Kayaking**

**Canoeing**



**Every Tuesday Evening, April 30 to July 16, 6:45 – 8:15pm**

**Places are limited - booking early is essential**

**If you are interested please let me know;**

**Mark Burford on [07976 889 765](tel:07976889765) or [markburford96@gmail.com](mailto:markburford96@gmail.com)**



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## TOP BARN LAKE SESSIONS

**Tuesday Evenings 6:45 to 8:15, from April 24 to July 17**

**at Top Barn Activity Centre, Holt Heath, WR6 6NH**

**Self Led Activity** If you wish to use the lake with your own instructors and equipment. The lake is class C water and is suitable for sailing & sail boarding as well as paddle sports. You are responsible for ensuring that you comply with Scout & Guide regulations. **Cost £3 per person**

**Inflatable Rafting** is aimed at Beavers and Rainbows, but fun for all sections. This is a self-led activity, you will need to inflate / deflate the raft yourselves. For younger sections you will need to provide a leader to be in the raft. Buoyancy aids and helmets provided. We have Small Rafts for up to 4 plus 1 adult, and Large Rafts for up to 6 plus 1 adult. Max No 18 + 3 leaders. **Cost £4 per person.**

**Paddlepower Start** is aimed at Cubs & Brownies, 2-week courses starting; April 30, May 14, June 4, & June 18. **Cost £15 each**

**Paddlepower Passport** is aimed at Scouts & Guides; 4-week courses including a river trip, course starting dates; April 30, & May 4. Included in the cost is a river trip on the weekend following the 3<sup>rd</sup> or 4<sup>th</sup> week of the course. **Cost £40 each**

**NB** There are a maximum of 4 Paddlepower courses each week, maximum of 6 per course.

**Individuals** may book places but must be members of either the Scout or Guide Association. Their leader must sign the form.

**Bookings:** Places may be reserved for a limited period, but can only be secured by returning the booking form with payment.

**Any Alterations:** Please advise us of any changes to numbers as soon as possible. We may be able to fill any unwanted places.

**Equipment Required by ALL Participants:** Windproof top (Cagoule), Clothes to get wet in (inc footwear – no boots or wellies), dry clothes, towel, warm drink.

### **Further Information**

Paddlepower Scheme      [canoe-england.org.uk/canoeeng/4-youth.aspx](http://canoe-england.org.uk/canoeeng/4-youth.aspx) or [bcu.org.uk](http://bcu.org.uk)

Other Activate Events      [activateteam.org.uk](http://activateteam.org.uk) or visit our Facebook page.

### **Other Activate Paddlesport Events**

**County Paddle Day. March 24**, for Leaders and Network Scouts with some experience. The venue will depend on river levels, group ability, weather etc.

**Paddle Weekend, June 1/2**, for Training and Assessment for Activity Permits, Paddlepower Discover, BCU 1 & 2 Star. Aimed at older Scouts/Guides, Leaders, Scout Network, Explorer Scouts & Senior Section Guides.

**The Cub Day (May 11) and Activate Camp (June 29/30)** also include opportunities to participate in water activities

### **Booking & Enquires**

Please contact Mark Burford on **0797 688 9765** or [markburford96@gmail.com](mailto:markburford96@gmail.com)



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## TOP BARN LAKE SESSIONS - BOOKING FORM

Group		Section	
Telephone No		Email	
Address			
Leader Name		Signature	

### PADDLEPOWER COURSES

Please indicate number of places required on your preferred dates

	Apr	May			June				July			
	30	7	14	21	4	11	18	25	2	9	16	X
<b>Self-Led £3</b>												X
<b>Raft £4</b>												X
<b>Start £15</b>									X		X	
<b>Passport £40</b>								X				

**Self Led** Please indicate activity Sailing, Paddlesport, Rafting, Other.....

Canoes and Kayaks etc will be available for hire during sessions in July. Cost £2 per boat. Please indicate number / type of boars required .....

**Notes:** Paddlepower courses - Max 6 per course, and total 24 per week.

Maximum Numbers for Rafting is 18 + 3 leaders. Larger groups can share equipment.

Buoyancy Aids and Helmets must be worn on the lake at all times.

Equipment Required by ALL Participants: Windproof top (Cagoule), Clothes to get wet in (inc footwear – no boots or wellies), dry clothes, towel, warm drink.

Places may be reserved for a limited period, but can only be secured by returning the booking form with payment.

**Payment Enclosed £ .....** (Cheques payable to “The Activate Team”)

Please send bookings to Mark Burford, 12 Abberley Avenue, Stourport, DY13 0NZ