

# Hereford and Worcester Scout County Climbing Instructor Training



## Instructing and Supervising Climbing and Abseiling Activities Man made walls and towers

### Dates / Length of Courses

22 & 23 September 2012. The course is two days long and both days **must** be attended.

### Venue

Saturday will be held at Kinver Training Camp with Sunday being held at Rhydd Covert Camp Site near Kidderminster. These two sites are about 20 minutes drive apart and transport between the two sites will be arranged if required. Both sites have a 12 metre high climbing tower suitable for both climbing and abseiling.

### Cost of the course

The course costs £60.00 per person to include all equipment hire, course notes and hot drinks. Cheques made payable to "Kinver Training Camp" please. Fees must be paid in full by August 18th.

### Instructors

Instruction is provided by members of the Activate Team ([www.activateteam.org.uk](http://www.activateteam.org.uk))

### Who would benefit from this course?

Potential climbing instructors / supervisors. This course is better suited to individuals aged 18 and over but Explorer Scouts or Senior Section Guides with some climbing experience may find this course beneficial if they wish to instruct climbing. Very little experience is required but candidates must be able to work comfortably at heights of up to 12 metres. This is a "hands on" course with a few classroom sessions. Any relevant course notes are provided so leave your notebooks and pens at home.

### Requirements

Packed lunch on both days but hot drinks will be available throughout the day.

All equipment is provided, but you are free to bring your own gear if you have it.

The main part of the course will take place outdoors so it is essential all candidates dress in suitable warm clothing including water / wind proof jacket.

### Aims of the course

- To provide candidates with the basic skills to run a climbing and abseiling session on a manmade climbing tower or wall.
- **Please note:** This course covers the training elements of the permit scheme. To gain your permit you will need to gain further instructing experience and attend an assessment day. We are happy to help and advise you during the consolidation period before your assessment.

## Objectives

- Have a full understanding of the Scout and Guide Permit Schemes as they relate to climbing and abseiling.
- Have a good knowledge of the basic climbing equipment used including the selection and maintenance of this equipment.
- Fully understand the importance of the correct fitting of harnesses and helmets. Be able to tie on correctly to various different types of harnesses.
- Understanding of the varying expectations of the different groups taking into account age, ability and experience.
- Have a good knowledge of the basic safety of the instructors and the participants while operating on the tower.
- Have a knowledge of the use of warm-up sessions.
- Be able to set up safe and sound systems for both climbing and abseiling.
- Understand the use of the releasable abseil and be confident using it in an emergency.
- Be able to belay in a safe and confident manner. Understand the precautions you need to take when instructing belaying to participants.
- Know how to overcome common problems on the climbing wall including “stuck climbers”.

For further information on all courses outlined above please contact in the first instance Dave Paget on 01384 873586 [enquiries@kinvercamp.org.uk](mailto:enquiries@kinvercamp.org.uk)

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### **Climbing Course 2012 – Manmade Walls and Towers**

I wish to attend the Level 1 climbing course on 22 & 23 September 2012:

Name .....

Address .....

.....Post Code .....

Telephone ..... E-mail .....

Unit or Group .....

District ..... County .....

Any medical conditions you feel the course instructors should be aware of

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Return to Mr Dave Paget - Kinver Scout Training Camp. The Compa, Kinver. Staffs.  
DY7 6HR

Course fee £60 , to be paid in full by 18th August. (cheques to “Kinver Training Camp”).

